



# The Thompson

Your resource to age well

20  
24



ANNUAL REPORT

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## A message from our President and Executive Director

This year has been one of tremendous growth at The Thompson. We've started to implement our plans for the future, responded to community needs through our Aging at Home support program, enjoyed many delicious meals, and had a lot of fun.

Alongside the daily joys and challenges of operating our busy senior center, we've made significant strides in enhancing our facilities to better serve our community for years to come. With the older population projected to more than double in the 70–85 age group over the next decade, it's crucial that we find innovative ways to support our community members as we all age.

Anyone who has experienced The Thompson can attest to the organization's extraordinary level of personal attention and kindness. A trusted non-profit, The Thompson stands behind the belief that engaging older adults in needed services does not need to mark the end of one's independence; it can be a powerful new beginning. We help older adults live life on their terms, with vigor, dignity, and well-being.

As you read this report, we hope you recognize the generosity of those who believe in our mission and support The Thompson's efforts to grow and adapt to current and future needs. This is an exciting time in our history!

Thank you to our donors, staff, volunteers, to our board of directors, and to our communities for ensuring that The Thompson remains a vibrant resource for all of us.

Karen Rosene-Montella, *President, Board of Directors*  
Deanna Jones, *Executive Director*



Karen Rosene-Montella, M.D.



Deanna Jones



## Our Mission

The Thompson helps older adults age well in our rural community. We provide timely support and services and are a resource and advocate on issues related to aging. Our programs and activities foster the physical, intellectual and social well being of our adult community to enhance dignity, self-worth and independence.

# Our Community Counts on The Thompson

## Nutrition

**25,189**

Total Meals



12,870 Home-Delivered Meals on Wheels

10,740 In-house dining room meals

1,579 Scotland House Adult Day meals



## Homeshare

**2**

Matches Made



**9** Guest Applicants

**6** Host Applicants

## Transportation

**2,189**

Rides



Rides provided to and from The Thompson, medical appointments, local rides for shopping, errands, and more



## Programs

Wellness classes, workshops, tax appointments, foot clinic, memoir classes, caregiver support, balance screenings, card games, music, insurance counseling, social events, & more!



**32,175**

check-ins  
by

**1,810**

individuals



## Aging at Home



Thousands of calls for caregiver and housekeeping referrals, legal or financial planning, home repairs, homesharing, medical equipment, flood assistance, vaccines, and other aging at home questions



**45**

Handy man hours on 60 projects



**300+**

Veggie Van Go and other grocery & fresh produce deliveries



**360+**

Pieces of Medical Equipment distributed

**Photos (starting at the top):** Salads lined up for Meals on Wheels, a full dining room, and staff member, Pam Butler, with Governor Scott at the State of the State address to receive recognition for the Thompson's efforts during the July 2023 flooding

# Building our Future Together

## The Background

For 46 years, The Thompson has served thousands of older adults and their families with nutritious meals, transportation to appointments, wellness classes, vaccinations, tax preparation, caregiver support groups, medical equipment, social events, homesharing, creative arts series and so many more programs.

Our Meals on Wheels and in-house meal service have increased over 200% in the last decade. We welcome over 20 new participants each month and have a waiting list for many meals and programs. Recent crises like COVID and catastrophic flooding have proven that our older community members look to us to provide support.

## The Need

By 2030, the entire Baby Boomer generation will have crossed the age of 65, comprising more than 25% of the population nationally. This demographic shift presents a critical challenge both nationally and especially in Vermont, the second oldest state in the country, and greater Woodstock, whose older adults already comprise more than 20%.

An escalating demand for services in the greater Woodstock area surpasses current supply. We face a shortage of services and facilities to meet the complex needs of our aging population. With increasing longevity, many are at greater risk of outliving their financial resources, and many have little or no family in the area.

To meet the growing demand for services, The Thompson is expanding its facilities.

## The Plan

The Thompson is expanding its facilities by 5,000 square feet in order to meet the needs experienced now and projected for the future.

The expansion includes:

- A new kitchen, dining area and communal space to meet the exponential demand for meals, both on our campus and delivered to older adults in Woodstock and surrounding towns.
- Meeting, program and wellness spaces will be reconfigured and expanded to accommodate growing and evolving needs. The expansion will enable flex spaces that can accommodate the current and future need.

## The Budget and timeline

The project plan requires an investment of \$4 million.

With our builder, Estes & Gallop, and architects Jason Gaddis and Jeremiah Goulet, our renovations began in September 2024.

Completion is planned for September 2025.



# Our Capital Campaign

**We are excited to thank our quiet phase donors for their gifts and pledges of \$2.6 million to date:**

Anonymous Donors  
Richard & Bonnie Atwood  
Father Mike Augustinowitz  
Ali & Nelson Bebo  
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& Elizabeth Deignan  
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Jerry & Joan Oppenheimer  
Friends Ora E Paul Post 24  
Lisa Parsons  
Perpetual Kindness Foundation  
Christina Phalen & Edgar Smith

We are thrilled to announce that **Max Comins** has just generously committed \$500,000 as a challenge grant! This grant aims to inspire our community members to help The Thompson reach its \$4M fundraising goal for the project.

We are grateful for this remarkable gift and hope that our Thompson families, friends, and community will rally together to meet this exciting challenge. Thank you, Max, and to all of our donors!

Tracy & Tom Phillips  
Christa & Brad Prescott  
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Thomas Weschler & Mary Hawkins  
Town of Woodstock (ARPA)  
Tuesday & Dennis Wright  
Greta & Larry Zeitlin

# Special Fundraising

Thank you to all who donated or participated in our 2024 fundraising events to support the operations of the Thompson. We are thankful for a successful Winter Gala, March for Meals events, & Holiday Bazaar.

*Thank You*



## March for Meals

Meredith Bjork  
Blackwater Alert  
Stephen Brown  
Cynthia Woodin Cross  
Fred & Nancy Doten  
Eleanor Grice  
Darwin & Karen Lewis  
Leonie Luterman

Mon Vert Café  
North Chapel  
Kiera Saggese  
Jane S.M. Smith  
Town Fair Tire Foundation  
Woodstock Farmer's  
Market Round-up



BUILDING OUR FUTURE TOGETHER

*Building Our Future Together*  
Full plans are available on our website or at The Thompson.

Please see Executive Director Deanna Jones if you would like to help with a gift to our capital campaign.

# Volunteer Spotlight

**More than 250 volunteers gave over than 6,200 hours last year!**



The enthusiasm, dedication, and joyful spirit of our volunteers are the heartbeat of The Thompson.

**Volunteers give their time in these critical roles:**

Board Member

Committee Work (Holiday Bazaar, Auction, Aging at Home, Strategic Planning)

Driver

Guest Speaker

Handyman

Kitchen Help

Library Volunteer

Meals on Wheels Driver

Musicians

Newsletter Folder

Office Helper

Program Facilitator

Receptionist

Table Setting

Tax Assistance

Wait Staff

Yard Work



# Annual Appeal Donors 2023 - 2024

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## Sponsor: \$100 - \$499

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# Annual Appeal Donors 2023 - 2024

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**\$1,000 plus**  
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Thomas Weschler  
& Mary Hawkins  
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Thank you to each of these donors for responding to our annual appeal for operating support.

We are so grateful to all of our donors. Please let us know if you spot an error.



# Thank You



# Age Well with The Thompson

## One Number to Call



One number to call for any need — Thompson staff are happy to help with any question, from shower chairs to Medicare and everything in between. We're here for a friendly chat or a check-in call, too.

## Vetted Service Providers

We partner with a wide variety of businesses and individuals to bring you any service you need to AGE WELL at HOME! We check references and only suggest businesses or individuals who have happily agreed to be an Aging at Home service provider.



## Home Repairs and Odd Jobs

Volunteers and staff can help with a variety of non-skilled, small odd jobs like putting away porch furniture and bird feeders, changing smoke detector batteries, figuring out how to check your voice mail, or even put up a Christmas tree. If it's a bigger job, we can help you find the right person or business for your need.

## Age Well Education and Outreach

Educational talks are presented on topics ranging from legal planning, fall prevention, the Smart Driver safety course, nutrition and cooking, downsizing, hospital to home transitions, advance directives, and more. Our Age Well e-newsletter is published every other month and provides readers with information on ways to age well at home and in their community through current and reliable information on health, lifestyle, diet and resources.

## Homeshare

Homesharing is a simple idea: two or more people share a home for mutual benefit. One person offers a private bedroom and shared common space in their home in exchange for rent, help around the home or a combination of the two. After conducting background and reference checks, trained Thompson staff will work to find the most compatible match possible based on mutual interests, needs, and lifestyle. There are no age or income restrictions to be eligible for the program.



Our homeshare pilot project was funded in part by a grant from the Woodstock Economic Development Commission. As of October 1, 2023, The Thompson operates as a satellite office of HomeShare Vermont.

# Program Highlights

It was a fun year with lots of programs, trips, and classes to enrich our lives. We loved all the ways we connected with our community over the year, but here are a few extra special ones:

- ♥ Many local friends brought classic cars to give rides at our 2nd annual car rides and ice cream social
- ♥ Our holiday and annual events were festive and fun. We enjoyed the Yankee Swap, Thanksgiving and Christmas holiday meals, holiday gift baskets, St. Patrick's Day lunch, Oktoberfest, Older Americans Month, Veterans Day, the Senior Center Month BBQ, and more!
- ♥ We stayed fit with Bone Builders, Tai Chi, Strength & Stretch, Yoga, and Eat Smart, Move More, Weigh Less, with virtual and in-person options for some classes.
- ♥ We got creative with ArtistTree through creative art projects with Finnie. A collaboration with the Norman Williams Public Library and a grant from the VT Arts Council brought us a creative play series that was weeks of fun and inspiring for many.
- ♥ Hundreds benefitted from the help of the AARP Tax-Aid volunteers, foot care clinics, and flu shot and Covid vaccination booster clinic.
- ♥ We enjoyed guest speaker talks, memoir and writing workshops, musical performances, and trips including fun Supper Club meet-ups, the Vermont Symphony, the Finger Lakes, and Ireland!
- ♥ *Community Connections* chats with our Woodstock police chief, our county sheriff, State Senator Alison Clarkson, our school district superintendent and other community leaders kept us engaged with our community.



# Treasurer's Report Fiscal Year 2023 - 2024

<b><u>OPERATING INCOME</u></b>	<b>Fiscal Years Ending</b>				
	<b>9/30/2020*</b>	<b>9/30/2021*</b>	<b>9/30/2022</b>	<b>9/30/2023</b>	<b>9/30/2024*</b>
Transportation Donations	\$ 6,927	\$ 4,124	\$ 4,717	\$ 4,497	\$ 6,026
Meal Donations	56,487	50,836	81,941	89,784	105,480
Fundraisers & Donations	271,477	223,626	252,284	296,182	260,276
Senior Solutions (OAA funding)	102,524	91,416	124,738	98,224	130,604
Grants	63,703	181,822	43,488	99,179	53,610
Town Funding	63,490	67,800	64,800	64,800	69,600
Program Income	8,616	5,454	5,281	16,417	55,326
Rental Income	1,770	540	1,780	2,990	4,475
Memorial Donations	6,260	23,930	7,418	15,071	12,685
Other Income	493	0	0	0	0
Building Improvement Donations	14,700	0	0	0	0
<b>Total Operating Income</b>	<b>\$ 596,445</b>	<b>\$ 649,548</b>	<b>\$ 586,446</b>	<b>\$ 687,143</b>	<b>\$ 698,082</b>
<b><u>OPERATING EXPENSES</u></b>					
Fundraising Expense	\$ 25,244	\$ 7,051	\$ 9,302	\$ 32,402	\$ 31,502
Insurance - General	7,654	8,033	9,730	9,187	17,527
Occupancy	53,086	51,766	62,024	85,129	76,155
Personnel-Wages, Insurance, Taxes	322,341	341,203	380,484	424,665	497,357
Food & Kitchen Expense	99,964	95,123	118,121	105,131	116,941
Programs & Trips	13,518	9,666	9,779	30,987	58,080
Vehicle Expense	14,394	10,881	9,045	8,671	11,349
Administrative Costs	43,871	51,630	48,976	44,265	49,195
<b>Total Operating Expenses</b>	<b>\$ 580,072</b>	<b>\$ 575,352</b>	<b>\$ 647,462</b>	<b>\$ 740,438</b>	<b>\$ 858,106</b>
<b>NET OPERATING INCOME (LOSS)</b>	<b>\$ 16,373</b>	<b>\$ 74,196</b>	<b>\$ (61,015)</b>	<b>\$ (53,295)</b>	<b>\$ (160,024)</b>
Capital Expenditures	(33,954)	(33,361)	-	-	-
<b>NET INCOME (LOSS)</b>	<b>\$ (17,581)</b>	<b>\$ 40,835</b>	<b>\$ (61,015)</b>	<b>\$ (53,295)</b>	<b>\$ (160,024)</b>

*Stated as of October 1, 2024. Subject to independent accountant financial review and year end adjustments.  
Reports available upon request. \*FY20 & FY21 include Covid related expenses/fundraising.  
Payroll Protection Loan (PPP) forgiven in FY21 Grants*

<b>Invested Funds</b>						
Fiscal Year End	9/30/2020	9/30/2021	9/30/2022	9/30/2023	9/30/2024	Total
Beginning Balance	\$1,210,614	\$1,299,975	\$1,716,435	\$2,214,382	\$2,749,929	
Gains (appreciation)	104,361	286,460	-316,756	306,651	423,218	<b>803,934</b>
Gifts to Invested Funds/ Building Campaign		130,000	759,703	288,896	269,257	
Balance	1,314,975	1,716,435	2,159,382	2,809,929	3,442,404	
Withdrawals for Operations or Capital	15,000	0	55,000	60,000	120,000	<b>250,000</b>
Ending Balance	<b>\$1,299,975</b>	<b>\$1,716,435</b>	<b>\$2,214,382</b>	<b>\$2,749,929</b>	<b>\$3,322,404</b>	

# A message from our Treasurer

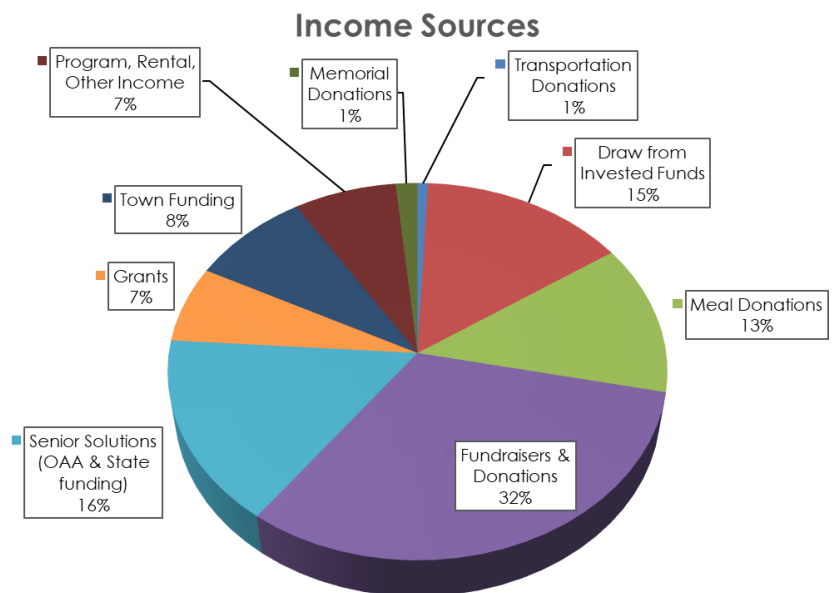
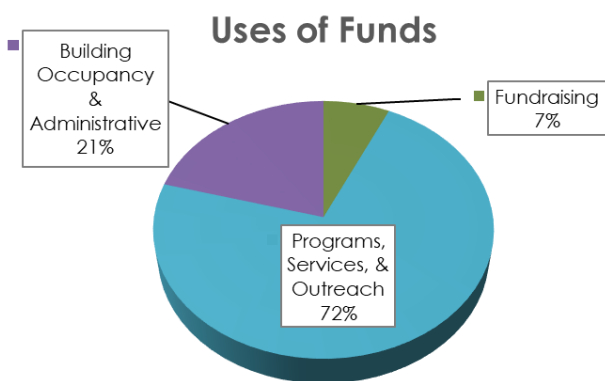
The Thompson is bustling with participation in Meals on Wheels, Aging at Home Support, In-house Dining, Educational, Health and Exercise programs, and more. It's my pleasure to report that the Thompson has favorable financial capacity to power the increasing demand for its offerings.

FY2024 operating revenue topped \$698,082, with local donations and community support as our primary revenue sources. The Thompson is inextricably tied to the community we serve, and we are grateful in every direction. Scrutiny of costs kept operating expenses below \$859,000 in FY2024. We incurred sizable repairs and maintenance to our aging building over the last years, to be remedied by our building renovation. We feel inflationary pressures of food, utility, and healthcare costs. In the midst, our competent, reliable, and dedicated staff is a top priority.

Our strategic plan directs a portion of endowment funds to supplement operations, a buffer against uncertainty. The endowment has grown through prudent investment management and generous bequests and planned-giving. We anticipate allocating a portion of endowment toward the building expansion, knowing we need to preserve sufficient levels for operating success--that balance is crucial.

Thompson staff work tirelessly to make every event, every day welcoming and expansive for participants. Staff is especially driven to provide continuity of services as the building construction unfolds. It's a very busy and very exciting time. Every person in the Thompson chain is a necessary link to living and aging well in our community: patrons, staff, volunteers, individual contributors, regional business sponsors, and town government. We so appreciate our history and relationships.

Respectfully submitted, Beth Harper, Treasurer for the Board of Directors



# Legacy Gifts



**John Mathews**



**Gina Moore**



**Edwin English**

We are so grateful to these dear friends for supporting The Thompson during their lifetime and for leaving legacy gifts that will help to support the mission of The Thompson in the future.

# Memorial Gifts

**In memory of Helen Curtis**

The Girls Night Out Club  
Dan & Karen Mayers

**In memory of Jack & Gina Moore**

Bo & Randi Harron

**In memory of Janet Maxham**

Doris Dean  
Barbara Kelley  
Carol Powell

**In memory of Jerri Cole**

Carol Powell

**In memory of John Gravel**

Linda Maxham  
Richard & Bonnie Atwood  
Molly McDermott  
Patricia Hesterberg  
Deborah Gravel  
Lawrence & Nancy Morrison  
Woodstock Lodge 31 F&AM  
Faith Stevens  
Mona & Raoul Arreola  
Jim & Shirley Macleod

**In memory of John Mathews**

Robert & Honoré Hager  
Suzanne Mathews

**In memory of Joyce Gilman**

Linda O'Neil  
Carla J. Kamel  
Richard & Linda Brackett  
Rhonda & Dan Bruce  
Linda Maxham

**In memory of Lorraine Dayton**

Susan Ditto & Eldon Thompson  
Linda Maxham

**In memory of Paul Highberg**

Anonymous

**In memory of Margaret Kannenstine**

James & Susan Ford

**In memory of Norman Boynton**

Jane Orf  
Roxanne Shelton  
Joanne & Terry Lacasse  
Linda Maxham  
Carla J. Kamel  
Richard & Bonnie Atwood  
Fred & Nancy Doten  
Sylvia Clarke

**In memory of Ted & Joan Staples**

Gary Staples

**In memory of Wayne Wilson**

Edwin English  
Dennis Cogswell  
Peter & Charlet Davenport  
Norman Youknot  
Suzanne Rogers  
Louise Schwebel  
Barbara Otranto  
The Wilson Family  
Richard & Bonnie Sargent

**In memory of Edwin & Dorothy Thompson**

David & Patricia Thompson

**In memory of Charles Astbury**

Carol Powell

**In memory of Cynthia Jones**

Julia Stride

**In memory of Joyce Phillips**

Mary Oldenburg

**In memory of Barbara Condict**

Judy Adams  
Carol Powell

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**In memory of Barbara Scully**

Edwin English  
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**In memory of Eddie English**

Richard & Bonnie Atwood  
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Bertha Boynton  
Barbara Kelley  
Eleanor Grice  
Gayle Karow  
Maxine Oldenburg

**In memory of Elaine Chase**

Lawrence & Elizabeth Luce  
Mary Blackmer  
Mavis Shaw  
Nancy Bassett  
Lynn & Arthur Simington  
Sally Weglarz  
Bob & Mary Rooney  
Janice Walker  
Barbara Kelley

**In memory of Dennis F. Murphy, Jr.**

Julie Murphy

*Please note that due to timing some gifts for these beloved friends and family may have appeared in last year's annual report.*

# Council Members

Diane Atwood  
Richard & Bonnie Atwood  
Beverly Audsley  
Peter Behr  
Daniel Bellmore  
& Elizabeth Deignan  
Jireh Billings  
Dave Bollinger  
Ray & Mary Bourgeois  
Nan Bourne  
Richard & Linda Brackett  
Anne Brodrick  
Phillip & Mary Lee Camp  
William Chorske  
Toby Clyde  
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Melissa Cunningham  
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Veronica Delay  
Will & Corinna Dodson  
Gail Dougherty  
Rev. Leon Dunkley  
Ginny Eames  
Kathleen Eiselein  
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Janet English  
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Ted & Linda Fondulas  
Ben Ford & Keri Cole  
James & Susan Ford  
Gerald Fredrickson  
Molly & Jeremy Freyer  
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Barbara Gibbs  
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Nelson Gilman  
Sandy & Karen Gilmour  
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Bruce & Patricia Gould  
Lisa Gramling  
Joy Gray  
David Green & Margaret Edwards  
Judi & Greg Greene  
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Alison & Graham Hankey  
Cliff & Beth Harper  
James & Loie Havill

Thomas & Diana Hayes  
Anne Herz  
Cynthia Hewitt  
Patsy Highberg  
Karl Huck  
Kermit & Barbara Hummel  
Beth Hunt & Todd Kortekamp  
Frederick Hunt & Mary MacVey  
Carl & Joyce Hurd  
Ronald & Pamela Jaynes  
Don Jones & Annie Smith-Jones  
Margaret Kasden  
Barbara Kelley  
Carl & Sally Kesseli  
Jeannie Killam  
Carolyn Kimbell  
Mark Knott & Rachel Hochman  
Marian Koetsier  
Joan Lang  
Martha Leonard  
Wayne & Barbara Leonard  
Holly Levison  
Susan Lewis  
Lydia Locke  
Roger Logan  
L C & Robin Lombard  
Judy Mahood  
Oliver & Tita Manice  
Laurie Marshall  
Linda Maxham  
David McGuire  
James McHugh  
Mark Montella  
& Karen Rosene-Montella  
Susan Moor  
John Moore  
Karen Morgan  
Daphne Moritz  
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Lynn Peterson  
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David & Sarah Roberts  
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Mark & Elizabeth Schellhorn  
Emma Schmell  
Richard Schramm  
Meg & Bruce Seely  
Steven Selbo

Charles & Miranda Shackleton  
Corwin Sharp & Priscilla Pannell  
Mavis Shaw  
Joseph Sheperd  
James Smiddy  
Gary Smith  
Jane Smith  
John & Ellen Snyder  
Jane Soule  
Christopher & Carole Sparkes  
Lucille Staples  
John Steinle  
Gail Lavin Stickney  
Mark Stickney  
Sophia Stone  
Ching-Wen Taylor  
Lauren & Linda Templeton  
Eldon Thompson  
Joby Thompson  
Carol Towne  
Kimann Vollers  
Sandra Von Unwerth  
Tambrey Vutech  
Richard Wacker & Virginia Wise  
John & Wendy Wannop  
Lois Watson  
Thomas & Paulette Watson  
Katherine Webster  
Kelly Welsh  
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Michael Zsoldos & Elizabeth Reaves



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- Maine Council on Aging
- McCullom Charitable Foundation
- Point of View Foundation
- Town Fair Tire Foundation, Inc.
- Vermont Community Foundation
- Vermont Foodbank
- VT Arts Council/Norman Williams Library
- Woodstock Garden Club
- Woodstock Rotary Club

**Fiscal Year 10/1/23- 9/30/24**

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 (802) 457-3277  
[www.thompsonseniorcenter.org](http://www.thompsonseniorcenter.org)



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