



PROGRAM CALENDAR - JULY 2024

Mon	Tue	Wed	Thu	Fri
1	2	3	4	5
10 Ping Pong at the Little Theater 10 BINGO 1 Gentle Yoga 1 Advisory Meeting	10 Learn Canasta & Backgammon 1 Mahjong 3 Bone Builders	9:30 Beginner Tai Chi 10 Ping Pong at the Little Theater 10:30 Handwork Circle 10:40 Advanced Tai Chi 12 French Table 1 Gentle Yoga 1 Bridge	CLOSED for Independence Day	10:30 Bingo 1 Mahjong
8	9	10	11	12
9:30-12:30 Benefits Counseling 10 Ping Pong at the Little Theater 10 BINGO 1 Gentle Yoga	10 Learn Canasta & Backgammon Reflexology Appts 12 Caregiver Support Group 1 Mahjong 3 Bone Builders	9:30 Beginner Tai Chi 10 Ping Pong at the Little Theater 10 Veggie VanGo 10:30 Handwork Circle 10:40 Advanced Tai Chi 12 French Table 1 Gentle Yoga 1 Bridge 1 Car rides and Ice Cream Social	10 Cribbage 10 Locally Yours 10:30 Strength, Stretch, Stability 3 Bone Builders	10:30 Bingo 1 Mahjong
15	16	17	18	19
8:00 Newsletter Folding 10 BINGO 10 Ping Pong at the Little Theater 1 Gentle Yoga	9:30 Commodities 10 Learn Canasta & Backgammon 1 Mahjong 1 Community Connections with Sheriff Palmer 3 Bone Builders	Bastille Day Lunch 8:30 Board Meeting 9:30 Beginner Tai Chi 10 Ping Pong at the Little Theater 10:30 Handwork Circle 10:40 Advanced Tai Chi 12 French Table 1 Gentle Yoga 1 Bridge	8:30-3 Foot Clinic 10 Locally Yours 10 Cribbage 10:30 Strength, Stretch, Stability 12:30 Tech Support 1 Recycling Update 3 Bone Builders	9:15 Path of Life & Harpoon Lunch 10:30 BINGO 1 Mahjong
22	23	24	25	26
10 BINGO 10 Ping Pong at the Little Theater 1 Gentle Yoga	10 Learn Canasta & Backgammon Reflexology Appts 1 Mahjong 3 Bone Builders	9:30 Beginner Tai Chi 10 Ping Pong at the Little Theater 10:30 Handwork Circle 10:40 Advanced Tai Chi 12 French Table 1 Gentle Yoga 1 Bridge 5:30 Supper Club	Birthday Day 10 Locally Yours 10 Cribbage 10:30 Strength, Stretch, Stability 1 Music with Will Wright 3 Bone Builders	Rain Date for Path of Life and lunch 10:30 BINGO 1 Mahjong
29	30	31		
8:30-3 Foot Clinic 10 BINGO 10 Ping Pong at the Little Theater 1 Gentle Yoga	10 Learn Canasta & Backgammon 1 Mahjong 3 Bone Builders	9:30 Beginner Tai Chi 10 Ping Pong at the Little Theater 10:30 Handwork Circle 10:40 Advanced Tai Chi 12 French Table 1 Gentle Yoga 1 Bridge		RESERVATIONS REQUIRED FOR ALL PROGRAMS & MEALS